We are here to help.

Our Substance Use Disorder IOP is designed to assist clients in achieving lasting sobriety. Utilizing a variety of evidence-based best practices, our clinicians work with group members to support their recovery from substance use disorder.

IOP Goals:
- Learn about substance use disorder
- Gain coping skills to manage cravings and triggers
- Build a sober support network
- Develop a relapse prevention plan

Tuesdays, Wednesdays & Thursdays
4:30 pm - 7:30 pm
Branford Clinic
14 Sycamore Way
Branford, CT

Call (203) 800-7177 or visit BHcare.org to learn more.