

## Now Accepting IOP Referrals!

Our high school **Intensive Outpatient Program (IOP)** focuses on children, adolescents and teens who are experiencing emotional and/or behavioral issues, family conflicts and school-related difficulties. The group meets two to three times a week after school.

### IOP Goals:

- Develop problem-solving and coping skills.
- Identify and change negative behavior patterns.
- Improve family and peer interactions.
- Improve school functioning.

Clients can participate in-person or via telehealth to be decided upon admission.

**Brian Keyes, MD, DFAACAP, DFAPA** – Lead Child and Adolescent Psychiatrist  
**Demetrios Kostas, MSW, LCSW, MBA** – IOP Coordinator/Clinician

